



Riding Alone

Artist: Rednex
 CD: Sex and Violins 01241-46000-2 R
 Choreo: Kathy Moore, Happy Feet Cloggers
 kloggr@yahoo.com

Techno-Country
 Intermediate, 3:26
 Potomac Double Down
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Sequence: Wait 32 Break1 A B C A B C D Break2 A B C A B

Break 1

Stampede

STO DS S STO DS S STO DS DS RS Repeat opposite foot
 L R L R L R L R L RL
 1 &a2 & 3 &a4 & 5 &a6 &a7 &8

Part A

Rocking Horse, Donkey

DS BR H/Chug DS T(ib) H DS Tch(if) H Tch(ots) H Tch(ib) H
 L R L/R R L R L R L R L R L
 &a1 & 2 &a3 & 4 &a5 & 6 & 7 & 8

Samantha

DS DS(xif) DR S DR S RS DS DS RS (full turn left)
 R L L R R L RL R L RL
 &a1 &a2 & 3 & 4 &5 &a6 &a7 &8

2 Ponies, Triple

DS R(xif) S DS R(xif) S DS DS DS RS
 R L R L R L R L R LR
 &a1 & 2 &a3 & 4 &a5 &a6 &a7 &8

High Horse

DS DT(xif) H DT(ots) H S S S SL DS DS RS
 L R L R L R L R R L R LR
 &a1 &a 2 &a 3 & 4 & 5 &a6 &a7 &8

Part B

Cowboy

DS DS DS BR H/Chug (turn ¼ left) DS(xif) R S(xif) R S(xif) R S(xif)
 L R L R L/R R L R LR L R
 &a1 &a2 &a3 & 4 &a5 & 6 & 7 & 8
 (moving forward) (moving toward the back)

2 KY Drags, Gallop

DS DR S DS DR S DS(turn ¼ L) H-Flap S H-Flap S H-Flap S
 L L R L L R L R L R L R L
 &a1 & 2 &a3 & 4 &5 &a 6 &a 7 &a 8
 (moving forward toward the back)

(moving left toward the back)

Flare Kicks

DS DT(ib) H RS DT(ib) H RS DS DS RS
 R L R LR L R LR L R LR
 &a1 &a 2 &3 &a 4 &5 &a6 &a7 &8
 (facing the back, and moving left)

Polo Turn, Triple

DS DT H DT H RS (turn ½ L DS DS DS RS
 L R L R L RL to front) R L R LR
 &a1 &a 2 &a 3 &4 &a5 &a6 &a7 &8

Part C

**Kick-n-Go,
Chain**

DS	BR	H/Chug	R(if) S	R(if) S	DS	RS	RS	RS		
L	R	L/R	R	L	R	LR	LR	LR		
&a1	&	2	&	3	&	4	&a5	&6	&7	&8

(turn 1/2 R to back)

Brush Around

DS	DT(xif)	H	DT(ots)	H	BR(around ib)	H	BR(if)	H	DS	RS	BR	Chug/H
L	R	L	R	L	R	L	R	L	R	LR	L	L/R
&a1	&a	2	&	3	&	4	&	5	&a6	&a7	&	8

< Repeat all > to face front

Part D

**Mountain
Goat,
Whoe, Nellie**

DS	S(if)	S	S(ots)	S	S(ib)	SL/Chug	RS	DS	DS	RS
L	R	L	R	L	R	R/L	LR	L	R	LR
&a1	&	2	&	3	&	4	&5	&a6	&a7	&8

**2 Quarter
Kicks,
Wild Horse**

DS	K (turn 1/4 L)	DS	K (turn 1/4 L)	Kick-R	Kick-L	Kick-fwd	Kick-fwd
L	R	R	L	R	L	R	L
&a1	2	&a3	4	5	6	7	8

**Kick
Mountain Goat
Whoe, Nellie
2 Quarter
Kicks
Clicker**

end facing front

B-H	B-H	Click	Click	(click heels together)
L	R	B	B	
&5	&6	8	8	

Break 2

3/4 Stampede
(L, 1/2 R)

STO	DS	S	STO	DS	S	STO	DS	DS	RS	STO	DS	S	STO	DS	S
L	R	L	R	L	R	L	R	L	RL	R	L	R	L	R	L
1	&a2	&	3	&a4	&	5	&a6	&a7	&8	1	&a2	&	3	&a4	&

**Galloping
Hands**

Slap	Clap	Slap	Slap	Clap	Slap	Slap	Clap	Slap	Slap	(slap: hands to thighs)
Both	Both	R	L	Both	R	L	Both	R	L	(no feet)
5	&	a	6	&	a	7	&	a	8	



Abbreviations

S: step	DR: drag	T: toe (tip)	xif: cross in front	STO: stomp
DS: double step	SL: slide	B: ball or both	ots: out to side	K: kick
RS: rock step	BR: brush	H: heel	if: in front	Chug: bent knee kick
DT: double toe	SK: scuff (heel)	Tch: touch	ib: in back	Flap: drop ball of foot to floor